

STATION PLACE TRACKS OF LIFE



628 OLD NORWOOD RD,
HAVELOCK, ON, K0L 1Z0



UPCOMING EVENTS



Travel to Nova Scotia
August 7th - 2:30pm

This month we're continuing the Canadian pride by traveling to Nova Scotia! We will celebrate National Lighthouse Day by learning about our country's beautiful coastline!



First Annual Corn Roast
August 12th

Let's beat the heat with some country fun; a live music performance by Will Murray at 3pm followed by a corn roast dinner at 5pm. For more info, contact our Front Desk.



Classic Camp Fire
August 27th - 6:30pm

We look forward to a crackling campfire with yummy smores to round off the summer!



Monthly Birthday Party
August 31st - 2:30

Our birthday bash will feature live music by Bob Butcher, not to mention cake and refreshments!



Heatwave Highlights

As we welcome the month of August, we embrace the warmth, beauty, and togetherness that a Canadian summer brings. With the Civic Holiday marking the beginning of the month, we hope everyone has the opportunity to enjoy meaningful moments with family and friends, whether here in our home or out in the community. August offers many opportunities to create joyful memories through special events, shared laughter, and time spent together. Be sure to review our upcoming events and program calendar, as we come together to make the most of the sunny days left within the season. We encourage everyone to stay hydrated, seek shade when needed, and practice sun safety while enjoying the outdoors. Thank you to our residents, families, volunteers, and staff for the kindness, compassion, and sense of community you bring each day.

Joke of The Month

What do you call a labrador
at the beach?

A hotdog!





Administrator's Message – August 2026

August is here, and we continue to make new memories and celebrate new milestones at Station Place.

In July, we held our first Classic Car Show, and it was a roaring success! Our residents, families, staff and visitors enjoyed seeing the impressive collection of classic vehicles and spending time together outdoors. A special thank you goes to the Marmora #7 Classic Cruisers for helping to make the day possible. Events like this bring generations together and create the strong sense of community that we want Station Place to be known for. We are continuing the outdoor fun in August with another first for Station Place: an outdoor campfire. With the approval of the Havelock Belmont Methuen Fire Department, and provided that weather and fire conditions permit, residents will be able to gather around the fire and enjoy a traditional summer evening. There may even be a few campfire songs and marshmallows involved! Our staff will ensure that the event is carefully supervised and that all necessary safety precautions are followed.

August also brings us very close to an important milestone. Station Place welcomed its first resident on September 15, 2025, which means that our first full year of operation is almost complete.

It is remarkable to think about everything that has happened during that first year. Station Place has grown from a newly opened building into a vibrant home filled with residents, families, staff, friendships, celebrations and countless everyday moments.

We are planning a special celebration to recognize our first anniversary. Please stay tuned for details in next month's newsletter.

Thank you to our residents, families, volunteers and staff for continuing to make Station Place such a welcoming and caring community.

Michael O'Keeffe
Administrator



Fun section

Tattoo Much to Handle

Last month we decided to ink-corporate some rock and roll into our Friday social with some brews and (temporary) tattoos! Needle-less to say, even the staff had to participate! Talk about inking outside the box!



Interactive Engagement

Summer Word Scramble

Grab a cold drink and a seat in the shade, try your hand at unscrambling our summer words!

HEBCA _ _ _ _ _

KBCTEU _ _ _ _ _

RIFUT _ _ _ _ _

KAPR _ _ _ _ _

NVCIAOTA _ _ _ _ _

NIPCCI _ _ _ _ _

IKBNII _ _ _ _ _

PNICMAG _ _ _ _ _

MUMERS _ _ _ _ _

HSRTOS _ _ _ _ _



Answers on page 4



Fun in the Fireside

All Aboard! Next Stop ...

Station Place has been soaking up the sun as much as possible during this *hot* summer! Last month we basked in island vibes from the comfort of air conditioning; as Nice Island Entertainment joined us for a Caribbean day complete with steel drum, ginger beer, and plenty of dancing. Our fun-filled afternoon flowed easily into our Around The World travel to the Caribbean program in the evening where we expanded our tropical knowledge. Join us this month as we continue the 'coastal vibes' during our tour to Nova Scotia!

Friendly Reminder

Room Bookings



For visitors and residents hoping to host a larger family event, or to book a larger space for get togethers within the home, advanced notice is required.

Activities and events facilitated by Station Place are scheduled at least one month ahead, which can reduce available dates and times to utilize these spaces, including the Fireside Lounge.

Please speak to Front Desk staff to inquire about availability and bookings.

Sentimental Spot

Dog Days at Station Place

Station Place is so happy to have amazing furry friends through Trent Hills Therapy Dogs who come to visit us each week. Team Avery began visiting our home in November, bringing comfort, companionship, and smiles to everyone at Station Place. Last month we were very saddened to hear the news of our beautiful golden retriever friend Avery crossing over the rainbow bridge. She will be missed deeply, and we send our heartfelt condolences to Jacquie.



We welcome Avery's little sister Mira to our home this month! We look to sharing our love with her every Sunday!



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August Resident Fire Safety Tip



Outdoor Fire Safety: Enjoy the Glow, Respect the Flame

Campfires are a wonderful way to enjoy a summer evening, but even a small outdoor fire must be treated with care. Before lighting an outdoor fire, always confirm that fires are permitted and that there is no municipal fire ban in effect. Weather conditions can change quickly, and fires should never be started during dry or windy conditions.

A safe campfire should always be:

- Kept small and manageable
- Located away from buildings, trees, dry grass and anything else that could burn
- Supervised continuously by a responsible adult
- Surrounded by a clear, non-combustible area
- Provided with a nearby water supply or other suitable extinguishing equipment

Never use gasoline or another flammable liquid to start or strengthen a fire. Residents who use medical oxygen must remain safely separated from open flames and follow the directions provided by staff.

When the gathering is finished, the fire must be completely extinguished. Pour water over the fire, stir the ashes and apply more water until the ashes are cool. Never leave a fire unattended, even when it appears to be going out.

At Station Place, our outdoor campfire activities will be organized and supervised by staff in accordance with the direction of the Havelock Belmont Methuen Fire Department. Residents and visitors should remain in the designated seating areas and follow staff instructions throughout the event.

A safe fire allows everyone to enjoy the warmth, conversation and memories without putting people or property at risk.



Council Update

Station Place ~ Family Council

JOIN US ON

Wednesday, August 26th, 2026.

Time: 2:30-3:30 PM

Location: Fireside Lounge

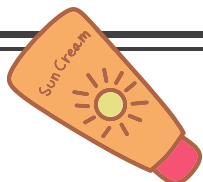
For more information contact

Joanne Elliott

Director of Resident & Family Services

705-740-1690





Meet Our Management Team



We're proud to introduce some of the compassionate professionals who will be supporting our residents, family, and staff every day:



Michael O'Keeffe –
Administrator



Angel Dexter –
Behavioural Supports
Coordinator



Joanne Elliott –
Director of Resident
and Family Services



Tori McEwen – Director
of Care



**Grace
Guillemette** –
Infection
Prevention and
Control Lead



Laurie Shoemaker –
PSW Supervisor



Amanda Appelman –
Associate Director of Care



Emily Gerow – Life
Enrichment
Coordinator



Kyla Brown – Life
Enrichment Coordinator



Sarah Vos – Director of
Dietary Services



Candace Ball –
Office Manager



Laurie Martin –
Environmental Services
Supervisor



Cortni Buchholz – Social
Service Worker



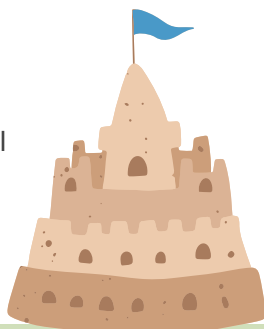
Melanie Morrison –
Clinical Assessment
Coordinator



Avneet Kaur –
RAI Coordinator

We are so excited to welcome our residents and their loved ones! We are committed to making our residents feel comfortable and truly home here at Station Place LTC.

Warmly,
The Station Place Team



Stay Connected

Have a question? Want to share feedback or ideas?

Follow us on Facebook: **Station Place Long Term Care Home**

Or contact us using the information below:

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705-740-1690