

STATION PLACE TRACKS OF LIFE

628 OLD NORWOOD RD,
HAVELOCK, ON, K0L 1Z0



UPCOMING EVENTS

Easter Egg Hunt
Saturday April 4th - 10am

The Easter Bunny will be hopping around Station Place, and so should you! Join us at 10am on the dot to participate in our “egg-stravagant” egg hunt with age groups from toddlers to teens. One extra lucky duck from each age category has the chance to win a brand new bicycle!

Earth Day
April 22nd



Today we will celebrate our home; the Earth! By planting, recycling, and conserving power we look forward to helping our land for future generations to come. Join us by turning off non-essential lights for “Earth Hour” at 8:30pm this day to symbolize commitment to the planet.



April Birthday Party
April 30th

Our monthly birthday celebration is on April 30th at 2:30pm with entertainment by Soulcorde, cake, and lots of fun!



April Showers are coming!

As April arrives, we welcome the gentle shift from winter into the warmth and renewal of spring. The longer days, brighter sunshine, and signs of new life all around us bring a renewed sense of energy and optimism to our home. It’s a time to embrace fresh beginnings, enjoy the outdoors, and reconnect with one another after the quieter winter months.

Throughout April, we look forward to a variety of engaging activities that encourage connection, creativity, and community involvement. From visits with friends and family to opportunities that bring the wider community into our home, this month is all about strengthening relationships and sharing meaningful experiences together.

Among these special moments, we’re also excited to host our upcoming Easter egg hunt—a fun and festive way to celebrate the season with residents, staff, families, and community members alike. We look forward to a month filled with warmth, laughter, and connection.

Joke of The Month



Did you know bees become indecisive after April?

They become *maybees*



“No matter how long the winter, spring is sure to follow.”

Administrator’s Message – April 2026

April is shaping up to be a big month at Station Place, and I have to say, this is one I’ve been especially looking forward to.

At our recent Residents’ Council meeting, a great question was raised about fire alarms and what to do in different situations. You’ll see an article in this newsletter that speaks directly to that. It’s a good example of how resident input continues to shape what we do and what we share, and I appreciate those conversations more than you might think.

Now, on to something a little more fun...

On Saturday, April 4, we will be hosting our first-ever Easter Egg Hunt, and we decided not to do this halfway. We’re planning to put out 20,000 chocolate eggs across our outdoor spaces, and yes, that number still surprises me every time I say it.

We’ll also be giving away four bicycles, one in each age category from newborn to age 15. It’s going to be a great day for families, kids, and our residents to enjoy the energy that comes with having the community right here with us.

For our residents, these kinds of events matter. Seeing children and families on site, hearing the laughter, and being part of something larger than our walls, it all contributes to what makes Station Place feel like home.

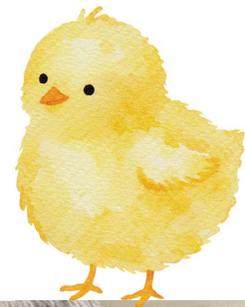
Behind the scenes, our team continues to focus on the fundamentals, safety, quality of care, and creating meaningful daily experiences for our residents. I want to thank our staff for the work they do every day, and our residents and families for the trust they place in us.

If you’re planning to attend the Easter Egg Hunt, I hope to see you there.

Sincerely,

Michael O’Keeffe

Administrator



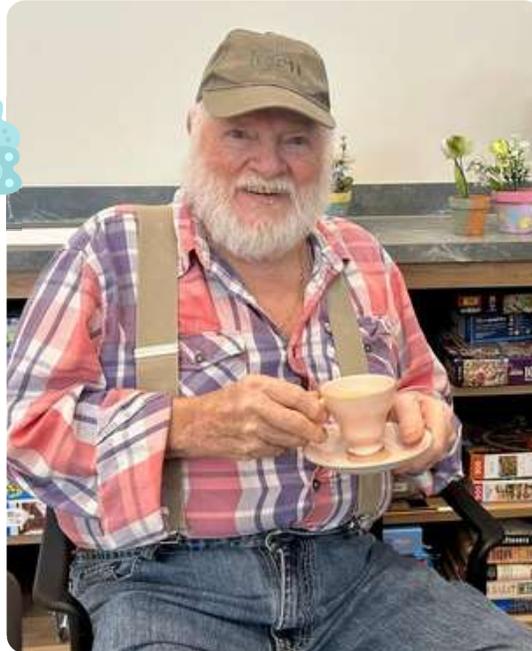
Salon Update

Hair dresser Kim will be on vacation from April 14th -28th She will be at Station Place before and after vacation on the following dates: Monday April 13th and Wednesday April 29th



Room Bookings

To book space for private family events, please see reception. Advanced notice is preferred for large common areas.



Activities Week

March 9 - 15

Last month Station Place celebrated our activity professionals with a week of challenges, activities, and cheer! Monday was game day, with a variety of challenges and games for staff, including Giant Darts, Connect 4, and more! Followed by a treat wheel, self-care bingo, pyjama day, and the cherry on top was an ice cream sundae bar with all the fixings!

We are so thankful to have fun-loving staff who always engage to create an energetic and upbeat environment.



Turning The Page

We are excited to announce that our Library Book Exchange Program has officially begun in partnership with the Havelock Community Library. Residents can sign up to have books delivered directly to them, with exchanges taking place biweekly. A volunteer will pick up and drop off books right to your room. If you are not finished a book, we can arrange a renewal for you. This is a free program. To get started, please see LEC Emily to complete a book preference form and library card registration form.



Spring is sprouting up!

How does your garden grow? Our garden grows with 'thyme', dedication, and love; and we have plenty of love to go around! Throughout March our home worked towards the goal of a growing green garden, with many seeds being planted and plants being propagated. Staff and residents formed a "Gardening Committee" filled with folks ready to show TLC to our sprouts. We welcome families and friends to join us as we grow our gardening committee into a group of passionate gardeners.

April Riddles

1. I'm April's friend, crawling slow, but not a snail. What am I?
2. What goes up when the rain comes down?
3. I fall, but I don't get hurt. I pour, but I'm not a jug. And, I help plants grow, but I'm not the sun. What am I?
4. What do you call a rabbit who tells jokes in April?
5. I stretch longer each day, but never go to the gym. What am I?

Answers on Next Page



Safety Update

What Should I Do if the Fire Alarm Goes Off?

At our recent Residents' Council meeting, an important question was raised:

"What should I do if I'm in my room and the fire alarm goes off?"

Whether it is a drill or a real emergency, the steps are the same.

If You Are in Your Room

- Stay where you are unless staff tell you to move
 - Wait for instructions from staff
 - Keep your door closed

If You Are in a Common Area

- Stay calm and follow staff directions
- You may be guided to another safe area
 - Staff will assist you if needed

What Staff Are Doing

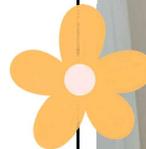
- The Charge Nurse is notified and directs the response
- An Emergency Response Leader coordinates actions
 - Staff check all rooms and assist residents
 - Residents are moved only if necessary

Most Important to Remember

- You are safe in your room unless staff tell you otherwise
 - Do not leave on your own
 - Help will come to you

Reassurance

Station Place is equipped with sprinklers, alarms, and trained staff who respond quickly and safely in all situations.



Leprechaun's Legacy

We are Lucky Ducks!

We were very lucky to have an entire week of St. Patrick's Day fun! We enjoyed lots of green goodies, music, dancing, and even our very own in-house rainbow and pot of gold! Residents took an educational "trip" to Ireland during our Around The World program, enjoying Irish coffees and sharing stories, and a second St Patty's party with Darlene and The Shamrock! Thank you to all our leprechauns who make us feel like we live at the end of the rainbow!





Meet Our Management Team



We're proud to introduce some of the compassionate professionals who support our residents, family, and staff every day:



Michael O'Keeffe - Administrator



Angel Dexter - Behavioural Supports Coordinator



Joanne Elliott - Director of Resident and Family Services



Tori McEwen - Director of Care



Sarah Reesor - Infection Prevention and Control Lead



Laurie Shoemaker - PSW Supervisor



Amanda Appelman - Associate Director of Care



Emily Gerow - Life Enrichment Coordinator



Kyla Brown - Life Enrichment Coordinator



Sarah Vos - Director of Dietary Services



Candace Ball - Office Manager



Laurie Martin - Environmental Services Supervisor



Cortni Buchholz - Social Service Worker



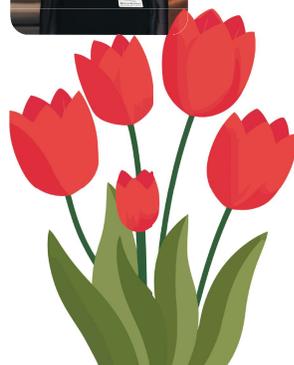
Melanie Morrison - Clinical Assessment Coordinator



Avneet Kaur - RAI Coordinator

We are so excited to welcome our residents and their loved ones! We are committed to making our residents feel comfortable and truly home here at Station Place LTC.

Warmly,
The Station Place Team



Stay Connected

Have a question? Want to share feedback or ideas?
Follow us on Facebook: **Station Place Long Term Care Home**
Or contact us using the information below: